

"So simple. So profound. So marvelous" - Newsday



MULTIPLE SCLEROSIS CANCER
NURSING HOME DEPRESSION
PAIN **music!** ALZHEIMER'S ISOLATION
PARALYSIS REHABILITATION
LONELINESS CONFUSION SILENCE
break through!

iPod donations are tax deductible



See our free online video resources!

www.MusicAndMemory.org



What Music Means To Us

To feel like ourselves, to feel connected to life, to our memories, and to others – music has the ability to do all these things. This is especially valuable to our identity as we age or feel isolated from the rest of the world. Music has a neurological connection for us as well. Music can help us remember how to relax, how to keep going and carries with it happy memories of loved ones and hope. With personalized music, patients can have some of their most powerful nostalgic moments back in their lives with a simple click.

How We Help Survivors

Patients can be a wide range of ages with any number of medical reasons for needing help. Cancer, multiple sclerosis, as well as rehabilitation are all common in addition to Alzheimer's and more typical conditions. All benefit from personalized music.



Recycle old and broken iPods for a good cause! Drop-off or mail-in!



How We Support the Elderly

Ideally, long-term care organizations are able to offer residents personally meaningful activities. With constraints in reimbursement rates, this presents a challenge. We make the long-term care setting more like home, as the inclusion of personalized music goes a long way to alleviate anxiety and loneliness.

Guides and Resources Free to Everyone



In addition to our free online video interviews of patients, administrators and caregivers offering timely perspectives, we provide free resource materials to learn more about how the program could help someone new.

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