Using MUSIC & MEMORY™ Strategically

Music & Memory is a Quality Assurance Program that:

- transforms the entire care facility
- helps individuals age in place
- increases participation in activities, speech therapy, OT and PT
- enhances treatment outcomes and quality of life

Professional care staff say they use the program strategically as a tool to achieve specific outcomes and curb agitated behaviors. Other outcomes include:

- reduction in antipsychotic and pain medications, falls, episodes of choking
- Increase in staff efficiency in the delivery of ADL’s
- Improved staff morale, team building and fulfillment of purpose

Music & Memory meets federally-mandated CMS Standards (F-Tags). Standards include:

- Comprehensive Assessment: meets requirements for personal preferences
- Assessment: may avoid entire section if no distress issues
- Care Planning Strategies: addresses person-centered care at its best
- Treatment: focusing on non-pharmaceutical approaches
- Monitoring: one of the easiest approaches to monitor (instant results)

Benefits of the Music & Memory program are also increased with consistent assignment.

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