



Using MUSIC & MEMORYsm Strategically

Music & Memory is a **Quality Assurance Program** that:

- **transforms** the entire care facility
- helps individuals **age in place**
- **increases participation** in activities, speech therapy, OT and PT
- **enhances** treatment outcomes and quality of life



Professional care staff say they use the program **strategically** as a tool to achieve specific outcomes and curb agitated behaviors. Other outcomes include:

- **reduction** in antipsychotic and pain medications, falls, episodes of choking
- Increase in **staff efficiency** in the delivery of ADL's
- Improved staff **morale**, team building and fulfillment of purpose

Music & Memory meets federally-mandated **CMS Standards** (F-Tags). Standards include:

- **Comprehensive Assessment:** meets requirements for personal preferences
- **Assessment:** may avoid entire section if no distress issues
- **Care Planning Strategies:** addresses person-centered care at its best
- **Treatment:** focusing on non-pharmaceutical approaches
- **Monitoring:** one of the easiest approaches to monitor (instant results)

Benefits of the Music & Memory program are also increased with **consistent assignment**.

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